

ON FEMINIST WORK

This workshop was prepared by the Polish team of the feminist project KASSIA and was devoted to the topic of feminist work. During the meeting we discussed together how work is conditioned by time and place, but also feminist work methods and strategies as well as how in this context we could define rest and resting.

I. Answering a Question With a Question

1. Choose one calling question (e.g., When is work?). The exercise is to answer the question with a question and create a list of questions as long as possible.
2. The next stage of the work is to look for answers to the questions that have just been created.
3. The next stage can be done in time-limited rounds (e.g., 5 minutes each). 3 rounds = 3 answer groups.

II. Exercise of Ideas (e.g. for rest) / performative exercise

1. Each person is asked to choose an object nearby that can be associated with the chosen activity/state (e.g. rest).
2. We show the object and describe why it serves the activity/state indicated in the exercise (e.g. rest).

Look around the room, the apartment, give yourself a moment to search for objects that you associate with rest. You can also use a metaphor, colour, or draw something. Take the object and show it to the other participants. What kind of rest does it give you? What kind of pleasure is it associated with? When will you use it? Can you do it now?